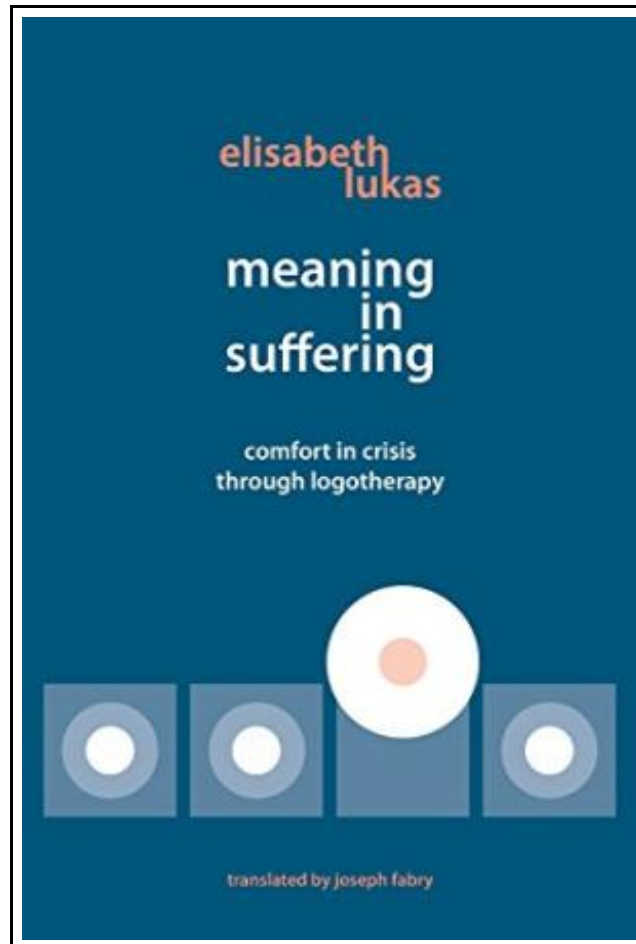


## Meaning in Suffering: Comfort in Crisis Through Logotherapy



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## MEANING IN SUFFERING: COMFORT IN CRISIS THROUGH LOGOTHERAPY



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Purpose Research, United States, 2014. Paperback. Book Condition: New. 2nd. 229 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This 1986 classic has been renewed with fresh graphics and crisp typesetting. Elisabeth Lukas artistic discovery of the uniqueness of each individual shines across dozens of case studies and examples; thus she illuminates the potential for meaning in the presence of even intractable pain, guilt, and suffering. Lukas demonstrates a living logotherapy, not by standardized techniques, but by the compassion and insight she brings into each therapeutic relationship. The true heroes of life are not the triumphant victors, but the defeated who find a ray of hope (p. 52). As Lukas notes in the introduction: For thousands of years, people have done pretty well without the science of psychotherapy. Yet, something like psychotherapy has always existed-through persons who, with charisma, persuasiveness, and force of conviction, were able to bring comfort to those looking for help. Such help was usually based on a specific philosophy of life. The afflicted were promised eternal well-being and justice in the hereafter, their suffering was presented as a test on their way to happiness, or philosophical-ethical images were invoked to make blows of fate bearable. Psychotherapy was religion and vice versa. This embeddedness in mysticism made it difficult for psychotherapy to find a scientific approach. Today, if we try to find rational explanations for irrational behavior and offer rational help for irrational psychological problems, we stand on a narrow ridge between two abysses: On the one side lies the danger of reverting to mysticism; on the other, slipping into a mechanized manipulation of the human person. Has psychology, on its long development through magic, exorcism, trickery, and fanaticism, finally attained the status of science? In recent decades, great strides have been...



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