



The Cancer-Fighting Kitchen: Nourishing, Big-Flavor Recipes for Cancer Treatment and Recovery

By Katz, Rebecca; Edelson, Mat

Ten Speed Press, 2009. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service!
Summary: "Rebecca Katz has produced an invaluable resource. Instead of telling patients to 'just eat a balanced diet,' we can now show them how to control disease and optimize health with delicious, nourishing food from The Cancer-Fighting Kitchen. I recommend this book highly."--Andrew Weil, MD, founder and program director of the Arizona Center for Integrative Medicine and author of 8 Weeks to Optimum Health and The Healthy Kitchen "The Cancer-Fighting Kitchen is an incredibly rich and satisfying resource--it is a must for people living with and beyond cancer, and should be mandatory reading for all health care professionals. This great gift will have a profound impact on the health and well-being of all who partake!"--Donald Abrams, MD, chief of hematology and oncology at San Francisco General Hospital, integrative oncologist at the UCSF Osher Center for Integrative Medicine, and coauthor of Integrative Oncology "The Cancer-Fighting Kitchen elegantly combines the science of healthy nutrition with the wisdom of the heart and soul. This beautiful book illuminates a clear path to nourish the body, and provides clear and inspiring guidance to make the process easy, simple, and joyful. I am delighted to recommend..."



READ ONLINE
[3.99 MB]

Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- **Dr. Everett Dicki DDS**